H & W Steering Group – Carer Champion's Update 21/2/18 – 16/5/18

- ◆ 21/2 Avenue Surgery Carers Coffee Morning various enquiries and 1 seriously upset lady put in touch with British Legion Care Contact.

 Also took Health Trainer to meet Wellspring Organisers and see it in action.
- ◆ 21/2 first WCR Presenters' Training Session (weekly thereafter).
- ◆ 22/2 Carers' Support Wiltshire catch-up visit to HQ.
- ◆ 6/3 Health Fair Planning Meeting
- 7/3 Attended Health, Wellbeing and Social Care Meeting
- ◆ 14/3 Attended AWP Care forum -Topic Parity of Esteem for Mental Health
- ◆ 16/3 Alzheimers Support Carers & Ex-Carers'Lunch
- ◆ 22/3 With potential volunteer visited Alzheimers Support Club at Mill St Trowbridge for familiarization with how The Silk Works one might be.
- ◆ 27/3 Attended AWP Coffee Morning at Fountain Way, Salisbury
- ◆ 28/3 Attended Dementia Action Alliance meeting (Melksham) with Jaqui Abbott
- ◆ 10/4 Catch-up and Direction meeting with Jaqui A
- ◆ 10/4 AWP Carers group meeting, Bath
- ◆ 28/4 Health & Wellbeing Fair + Learn of New Carers Support meeting in Warminster and assisted with finding a solicitor to speak at it. Now publicising as widely as possible. 2nd Tuesday of month, 2-4, Old Bell
- ◆ 9/5 AWP Care Form
- ◆ 14/5 Open Dementia Centre @ Silk Works!!

Future priorities (no particular order?)

Recognition, promotion and enrolling **volunteers** (possible event in autumn with/at Area Board, Talk to Carrs Support & Alz Support experts)

Mens Shed- meeting to be arranged to push this forward.

Safe Places to be reviewed. Publicise, check if originals still OK, Check with Tim Mason and Tony Berridge to help?

Transport